Meghan Smith is a Licensed Clinical Social Worker who works for the Department of Neurology CU Medicine, serving individuals with Parkinson's disease and Huntington's disease. She also assists in Neuro Palliative care clinic, taking a whole person approach to assist patients find purpose and quality of life while managing progression of disease.

Meghan serves individuals with Parkinson's disease and Huntington's disease and their families in education of disease, wellness, caregiver support, individual therapeutic interventions, brief counseling and resources in our local and national community. She works closely with Parkinson's Association of the Rockies, Parkinson's Foundation, and Huntington's Disease Society of America.

Meghan earned her Master of Social Work with a primary focus in Mental Health and an additional emphasis in grief counseling. For the past 3 years Meghan has worked in Neurology at CU School of Medicine and UChealth as the social worker in different capacities, serving patients and their families who have been faced with neurological diagnosis.